**PATFIN HIGH SCHOOL, AKESAN, LAGOS STATE**

**FIRST TERM EXAMINATION [2018/2019]**

**SUBJECT: HOME ECONOMICS CLASS: J. S. S. 1**

**SECTION A OBJECTIVES**

**Instruction: answer all questions in this section. DURATION: 1 hour 30 mins**

1. Home economics deals with \_\_\_\_\_\_\_\_\_\_\_\_\_.
2. How people live in the family b) What people need in the family c) How to satisfy people’s needs d) All of the above
3. One of the following areas deals with planning available space in a house.
4. House b) Building c) Interior Decoration d) Family Living
5. A person who creates new styles of clothing is called a Fashion \_\_\_\_\_\_\_\_\_\_.
6. Model b) Designer c) Advertiser d) Aterer
7. The sense organ for smelling is the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
8. Hair b) Hand c) Nose d) Eye
9. Which of the following is also important for balance?
10. Skin b) Nose c) Tongue d) Ear
11. Each hair grows from a narrow tube in the skin called hair \_\_\_\_\_\_\_\_\_\_\_.
12. Follicle b) Scalp c) Root d) Pit
13. The set of teeth located in the center of the front of the jaw are the \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ .
14. incisors b) Canines c) Premolars d) Dentine
15. Which of the following prevents dryness of hair and scalp?
16. Shampoo b) Spray c) Oils d) Brush
17. \_\_\_\_\_\_\_\_\_\_\_\_\_ does not belong the group.
18. Brush b) Spray c) Shampoo d) Conditioner
19. The act of making the body perform some activities is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
20. Running b) Jumping c) Stretching d) Exercise
21. One of the following must not be used for exercise and sports.
22. Shoes b) Food c) Drugs d) Sweets
23. All the following are true except one.
24. Wise buying-Consumer b) Family relation – Family living c) Textile - Childcare d) Good food - Nutrition
25. Home Economics is related to \_\_\_\_\_\_\_\_\_\_\_\_\_.
26. Few subjects b) Only biology c) Only Chemistry d)Many subjects only
27. In good siting posture, the head must be kept erect and the chest \_\_\_\_\_\_\_\_\_\_\_\_\_.
28. Down b)Bent c) Up d) Broad
29. The major weight centers of the body are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
30. Five b) Six c) Four d) Three

**SECTION B FILL IN THE GAPS**

1. Keeping the natural balance of the body aligned is called \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
2. Surplus carbohydrates in the body is stored as body \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
3. \_\_\_\_\_\_\_\_\_\_\_ helps digestion and bowel movement.
4. The nerves that travel from the nose to the brain are called \_\_\_\_\_\_\_\_\_\_ nerves.
5. Sweat is produced in the skin by \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

**SECTION C THEORY**

**INSTRUCTION: ANSWER FOUR (4) QUESTIONS ONLY**

1. State two (2) functions of each of the following:

1. The Hair
2. The Ears
3. The Nose
4. The Skin
5. The Eyes

2. State any two (2) careers in each of the following areas of Home Economics:

1. Food and Nutrition
2. Clothing and Textiles
3. Family Living
4. Child Development
5. Home Management

3a. Define Exercise.

b. State five (5) importance of Exercises.

4a. What is Food?

b. Write out five (5) functions of Food.

5a. Explain these: Healthy Feeding Habit

Unhealthy Feeding Habit.

6a. State three (3) reasons why exercise is important to the body.

b. Outline two uses of Good Working Posture.